



Rally is now Rally Engage!

A new way to earn rewards.



Nothing is more important than your health. The former Rally program is now Rally Engage® – a wellness program with a new app and website that rewards you for taking action to get and stay as healthy as you can.

Start earning your 2027 wellness incentive today

Complete any combination of the healthy activities outlined below to earn your reward for the following year.
You must reach 100% by Oct. 31, 2026, to earn your reward.

25%

- ☐ Annual Physical Exam
- ☐ Biometric Screening
(Your preferred Biometric Screening vendor is LetsGetChecked)

20%

- ☐ Rally Health Survey
- ☐ Mammography Screening
- ☐ Cervical Cancer Screening
- ☐ Colorectal Cancer Screening
- ☐ Achieve a Body Mass Index (BMI) less than or equal to 27.5 kg/m²

15%

- ☐ ORNL Santaclaustrophobia Challenge
- ☐ ORNL HealthFest
- ☐ Complete a UnitedHealthcare Disease Management Program (Asthma, CAD, CHF, COPD, Diabetes)
- ☐ ORNL Exercise Physiologist or Dietitian
(set and complete your personal goal)

10%

- ☐ Confirm Spouse Health Survey Completion
- ☐ Confirm Your Visit with the Dentist
- ☐ 3 of 5 specific Sleep Missions
(complete between 11/1/25 and 3/31/26)
- ☐ 3 of 5 specific Financial Missions
(complete between 4/1/26 and 10/31/26)
- ☐ Complete an ORNL Wellness Sponsored Walk/Run or Team UT Battelle Activity (earn 10% for each one completed, **up to 30% total**)

5%

- ☐ High Cholesterol (Hyperlipidemia) Quiz

Choose what's right for you

The path to healthy for one person is different than the path for another. You can combine any activities to reach 100% and earn your reward for 2027!



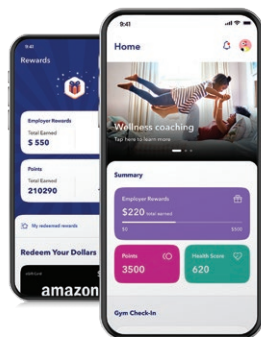
Get started with the new Rally Engage

To earn rewards, you'll need to switch to Rally Engage. Log in with HealthSafe ID® in one of two ways:



1. Go to: rallyengage.com/landing/client/ornl

2. Or download the new Rally Engage app



Note: Access to Rally Engage is granted upon acceptance of the Terms and Conditions.

Starting Jan. 1, 2026, the Rally Engage app will have a new name: Optum Engage

No action needed

- Your app will update on its own
- Same great features - just a new name

RALLY

OAK RIDGE
National Laboratory

Rally Health provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional. Participation in the Health Survey is voluntary. Your responses will be kept confidential in accordance with the law and will only be used to provide health and wellness recommendations or conduct other plan activities.

Brought to you by UnitedHealthcare for ORNL

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